

Article - Jenny Says ...

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*“When we let go of what confines us, new possibility is already emerging.”*

*“Outcomes are an internal orientation” -*

*“The gateway to change opens inwards”*

*“Living by rote and by repetition replaces innovation and creation”*

*“Beliefs have a body shape”*

*“You will have much more vitality when you stop ‘waiting for life to improve’ – and create, create and create.”*

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